

Parenting Dimensions and Internalizing Symptoms



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About Me

- Home University: University of Utah
 - Psychology Major
 - Mathematics Minor
- Host University: KU Leuven
- Future Plans
 - Obtain PhD in Clinical Psychology
 - Conduct research examining how parenting and attachment style are associated with sexual and relationship satisfaction in romantic partnerships
 - Become a licensed clinical psychologist
- Why Euroscholars/KU Leuven?
 - Program aligned well with my goals for the future
 - Interest in the work of Dr. Karla Van Leeuwen, my supervisor during my semester abroad



Background Info



Parenting Dimensions

- What is a parenting dimension?
- Five-factor model
 - Psychological control
 - Punitive control
 - Harsh punitive control
 - Proactive control
 - Warmth/support



Internalizing Symptoms

- What are internalizing symptoms?
 - Anxiety
 - Depression
 - Withdrawal
 - Somatic symptoms

My Research



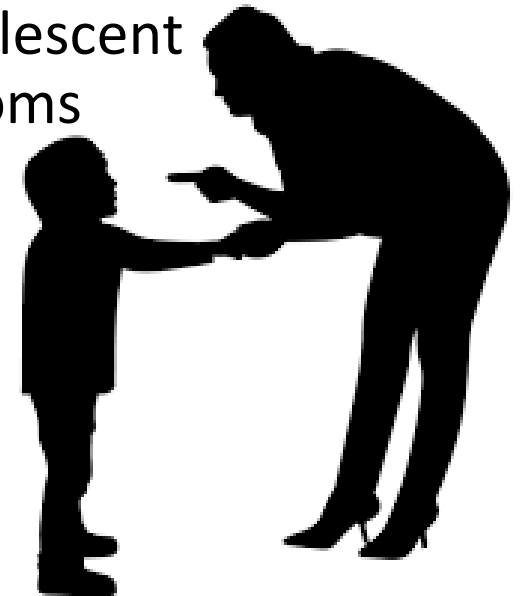
The goal of my study is to evaluate the reciprocal relationship between parenting dimensions and adolescent internalizing symptoms

Past Findings

- Psychological control positively, bidirectionally associated with adolescent internalizing symptoms
- Parental support negatively, bidirectionally associated with adolescent internalizing symptoms
- Conflicting findings about the association between behavioral control and adolescent internalizing symptoms
- Most studies do not evaluate the bidirectionality of these relationships

How My Study Differs

- Uses five factor model for parenting dimensions
- Longitudinal study that examines the bidirectionality of the relationships between parenting dimensions and adolescent internalizing symptoms



Analysis

- This study is conducting its analysis through the use of cross-lagged panel analysis
 - Allows researchers to infer tentative causation
 - Effectively demonstrates the direction of the relationships being examined

